

BOOKENDS

Newsletter of
Library of The Chathams

January - February 2017



www.chathamlibrary.org

Your Library Is ...

... a good place to get a book, as well as unique, one-of-a-kind items. You can get books on paper, download free eBooks or eAudiobooks on your electronic device or listen to audiobooks in your car. Browse paper magazines or download electronic magazines. Borrow our brand new WiFi hotspot if you don't have Internet at home or on the road. But the library is even more than great materials. **The library is your...**

Art gallery

- Free art shows every month

Children's play room and enrichment center

- Yoga, dance, music & magic
- Toys, puzzles, crafts, computers

Language learning lab

- Rosetta Stone and more – check out the back page!

Continuing education center

- Writing workshops
- Free museum passes
- One-on-one training for electronic devices

Community connection – a place to meet other people

- Meeting rooms for your organization – just call us to reserve!

Movie theater

- New and classic movies for adults and children

Research destination for information on

- Genealogy, finance, antiques, stock reports and more
- Medical questions with access to Overlook & Morristown Medical Centers
- Local history

Come find out what the library is to you!

Karen Brodsky, Director

In This Edition:

Programs and Events

| | |
|----------|--------|
| Adult | Page 2 |
| Teen | Page 3 |
| Children | Page 4 |
| FYI | Back |

214 Main Street
Chatham, NJ 07928
973-635-0603

FRIENDS OF THE LIBRARY NEWS

Book Collection

January 3 through February 24

The Friends of the Library will be accepting gently used books, CDs and DVDs for the Annual Book Sale. Bring your donations to the rear entrance of the library and deposit them in the hallway. Please donate books that are in good condition. We do not accept textbooks or encyclopedias. The Book Sale begins on March 11.

Annual Friends Meeting

Please join us for our annual meeting on Wednesday, January 11, at 9:30 am. Make 2017 the year you become a Friend of the Library! Support great programming and events!

Connect with us!



Programs and Events

Adult

JANUARY

Bring Your Own Device

Tuesdays, January 3 & 17 - 11 am or 2 pm

Saturdays by appointment

Bring your smartphone or tablet to the library for individual training with a reference librarian. Learn to download library eBooks to your own device. Call for an appointment at 973-635-0603.

Gen Y Networking Group

Wednesdays, January 4 & 18 - 7 pm

All are welcome to attend this forum dedicated to Generation Y young adults interested in job search, networking, and career development.

Tai Chi for Health

Saturdays, January 7 & 21 and
February 4 & 18 - 10 am

Registration required Limit: 20 participants

Cathryn Iorio, RN, MS, CHC, owner of Simply Self Care LLC, and her husband Sal Iorio will offer beginner Tai Chi classes to help decrease stress and improve balance, strength and flexibility. This is a progressive class, and we ask participants to attend all four sessions. Sign up online or call 973-635-0603.

Get Organized:

Understanding Common Clutter Triggers and What to Do About Them

Tuesday, January 10 - 7 pm

Certified Professional Organizer Andrea Walker will speak about understanding your specific trigger. Common clutter profiles and strategies for dealing with triggers will be discussed. Sign up online or call 973-635-0603.



Andrea Walker

Arcade Weekend

Friday, January 13 - 3 to 5:30 pm

Saturday, January 14 - 9:30 am to 4:30 pm

All Ages

This event is for all gamers out there – adults, teenagers, children and their parents, whole families. There will be many systems set up to play, from the original Atari, Nintendo, and Sega consoles to newer systems like the Wii U.

For tournament information, see page 3.

In Memory of Alexander Butta

Downsizing Your Stuff: Understanding What's Valuable and What's Not

Tuesday, January 17 - 7 pm

Certified Professional Organizer Andrea Walker will share six easy steps for downsizing your home. Learn what to sell through an auction or estate sale, put on consignment, donate, or throw away. Sign up online or call 973-635-0603.

Social Security Workshop: 67 is the New 65

Thursday, January 19 - 7 pm

Retired Human Resources professional Neil Berger will present a Social Security workshop. Topics such as how much you can earn in a year and still collect Social Security benefits; whether you can collect benefits on your ex-spouse's work record; and when you should apply will be discussed in layman's terms. Sign up online or call 973-635-0603.

Robi Ludwig, Psy. D. Book Talk

Your Best Age Is Now

Saturday, January 21 - 2 pm

Nationally known psychotherapist, award-winning reporter and former Chatham resident Dr. Robi Ludwig will speak about her most recent book, *Your Best Age Is Now*.

Dr. Ludwig will show how to examine midlife as a time of great opportunity for change while pursuing your dreams. Sign up online or call at 973-635-0603.

Sponsored by Friends of the Library



Robi Ludwig

Book Group: *A Man Called Ove*

Wednesday, January 25 - 1 pm

The library book group will discuss *A Man Called Ove* by Fredrik Backman. You may reserve a copy of the book at the Information Desk.

Yin Yoga and Guided Meditation Class

Saturday, January 28 - 1 pm

Registration required Limit: 25 participants

The Mayor's Wellness Committee of Chatham will present a 30-minute class of yin yoga which will help you relax and relieve tension and stress. Following will be 30 minutes of guided meditation demonstrated step by step. Bring water and a yoga mat, towel or small blanket. Sign up online or call 973-635-0603.

Blood Pressure Screenings

First Thursday of the Month

January 5 and February 2

10 am to 12 pm

January 2017 Programs

ADULT (A) TEEN (T) CHILDREN (C)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|--|---|---|--|--|---|
| 1 Library Closed | 2 Library Closed | 3 BYO Device 11 am, 2 pm (A) | 4 Spanish Storytime 10 am (C) Homework Helpers 3:30-5 pm (C) Gen Y Networking Group 7 pm (A) | 5 Yoga Storytime 10, 10:45 am (C) Blood Pressure 10 am-12 pm (A) Stitch a Troll 4-5 pm (C) | 6 Video Game Club Gr 6-12 3-4:45 pm (T) | 7 Tai Chi for Health 10 am (A) |
| 8 | 9 Stories with the Librarian 10 am (C) ShopRite Nutrition: All About Apricots 4-5 pm (C) | 10 The Wild West Show by Fit4Kids 4-4:45 pm (C) Get Organized: Understanding Common Clutter Triggers 7 pm (A) | 11 Friends of the Library Annual Meeting 9:30 am (A) Spanish Conversation Group 7 pm (A) | 12 Music with Mr. John 10, 10:45 am (C) Stitch a Troll 4-5 pm (C) Movie Night 7 pm (All Ages) | 13 Arcade Weekend 3-5:30 pm (All Ages) | 14 Arcade Weekend 9:30 am-4:30 pm (All Ages) Super Smash Bros. Tournaments Ages 10 & Under 11:30 am Ages 11 & Up 2:30 pm |
| 15 | 16 Drop-In Crafts 10 am (C) Library Cinema 2 pm (C) | 17 BYO Device 11 am, 2 pm (A) Downsizing Your Stuff 7 pm (A) | 18 Homework Helpers 3:30-5 pm (C) Read Aloud to Therapy Dogs 4-5 pm (C) Gen Y Networking Group 7 pm (A) | 19 Miss Carol Dance 10, 10:45 am (C) Social Security Workshop 7 pm (A) Teen Advisory Group 7 pm (T) | 20 Italian Conversation Group 1 pm (A) Video Game Club Gr 6-12 3-4:45 pm (T) | 21 Tai Chi for Health 10 am (A) Dr. Robi Ludwig Book Talk <i>Your Best Age Is Now</i> 2 pm (A) |
| 22 | 23 Stories with the Librarian 10 am (C) | 24 | 25 Book Group: <i>A Man Called Ove</i> 1 pm (A) Spanish Conversation Group 7 pm (A) | 26 Bob Conrad Magic and Puppets 10, 10:45 am (C) Movie Night 7 pm (A) | 27 Video Game Club Gr 6-12 3-4:45 pm (T) | 28 Yin Yoga and Guided Meditation Class 1 pm (A) |
| 29 Legopalooza! 2:30 pm (C) | 30 Storytime 9:45, 10:15, 11 am (C) | 31 Storytime 10, 10:30 am (C) | | | | |

Foreign Language Conversation Groups for Adults

Spanish
2nd & 4th Wednesdays
7 pm

Italian
3rd Friday
1 pm



Library of The Chathams • 214 Main Street • Chatham • NJ • 973-635-0603
Mon-Thu 9:30 am - 9 pm • Fri 9:30 am - 6 pm • Sat 9:30 am - 5 pm • Sun 2 pm - 5 pm

February 2017 Programs

ADULT (A) TEEN (T) CHILDREN (C)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|--|
| | | | 1 Spanish Storytime 10 am (C) Homework Helpers 3:30-5 pm (C) Gen Y Networking Group 7 pm (A) | 2 Yoga Storytime 10, 10:45 am (C) Blood Pressure 10 am-12 pm (A) Mini Stuffed Pokémon Eevee 4-5 pm (C) Attract the Love You Deserve 7 pm (A) | 3 Video Game Club Gr 6-12 3-4:45 pm (T) John Arthur Performs: An Evening of Music by Bob Dylan 8 pm (A) | 4 Tai Chi for Health 10 am (A) Storytime 11 am (C) |
| 5 Essex Water Color Club Art Show 2:15-4 pm (A) | 6 Storytime 9:45, 10:15, 11 am (C) ShopRite Nutrition: Heart-Healthy Foods 4-5 pm (C) | 7 Storytime 10, 10:30 am (C) BYO Device 11 am, 2 pm (A) | 8 Touch the Music: Tubby the Tuba 4-4:45 pm (C) Spanish Conversation Group 7 pm (A) | 9 Music with Mr. John 10, 10:45 am (C) Mini Stuffed Pokémon Eevee 4-5 pm (C) Movie Night 7 pm | 10 Video Game Club Gr 6-12 3-4:45 pm (T) | 11 Storytime 11 am (C) |
| 12 Lincoln Center Local Presents <i>Sinatra: Voice for a Century</i> 2:30 pm (A) | 13 Storytime 9:45, 10:15, 11 am (C) | 14 Storytime 10, 10:30 am (C) | 15 Homework Helpers 3:30-5 pm (C) Read Aloud to Therapy Dogs 4 pm (C) Gen Y Networking Group 7 pm (A) | 16 Miss Carol Dance 10, 10:45 am (C) Teen Advisory Group 7 pm (T) | 17 Italian Conversation Group 1 pm (A) Video Game Club Gr 6-12 3-4:45 pm (T) | 18 Tai Chi for Health 10 am (A) Storytime 11 am (C) |
| 19 | 20 Storytime 9:45, 10:15, 11 am (C) Library Cinema 2 pm (C) | 21 Storytime 10, 10:30 am (C) BYO Device 11 am, 2 pm (A) African Clay Mask Making Workshop 2-3:30 pm (C) | 22 Book Group: <i>They May Not Mean To, But They Do</i> 1 pm (A) Drop-In Crafts 2-4 pm (C) Spanish Conversation Group 7 pm (A) | 23 Bob Conrad Magic and Puppets 10, 10:45 am (C) Movie Night 7 pm | 24 Video Game Club Gr 6-12 3-4:45 pm (T) | 25 Storytime 11 am (C) |
| 26 Legopalooza! 2:30 pm (C) | 27 Storytime 9:45, 10:15, 11 am (C) | 28 Storytime 10, 10:30 am (C) | | | | |

Income Tax Assistance

Volunteer Income Tax Assistance (VITA) will be held on

Wednesdays, February 1 to April 12 from 10 am to 2 pm.

Appointments for this free service may be made in person or by calling the library at 973-635-0603.

FEBRUARY

Income Tax Assistance

Volunteer Income Tax Assistance (VITA) will be held on **Wednesdays, February 1 to April 12 from 10 am to 2 pm**. Appointments for this free service may be made in person or by calling the library at 973-635-0603. Please bring all your financial records from 2016, copies of your 2015 Federal and State tax returns, proof of health insurance, and all printed and blank forms from the Internal Revenue Service.

Gen Y Networking Group

Wednesdays, February 1 & 15 - 7 pm

All are welcome to attend this forum dedicated to Generation Y young adults interested in job search, networking, and career development.

Attract the Love You Deserve

Thursday, February 2 - 7 pm

Lisa Caroselli, a Certified Love Attraction Coach and trainer, will hold a session providing tips, tools and practices to attract the love you deserve and increase your receptivity to that love using the law of attraction. Sign up online or call 973-635-0603.



Lisa Caroselli

John Arthur Performs

An Evening of Music by Bob Dylan

Friday, February 3 - 8 pm

John Arthur, musician and former Assistant Director at the Library of the Chathams, will perform the music of Bob Dylan to celebrate Dylan being awarded the Nobel Prize in Literature.



John Arthur

Essex Water Color Club Art Show

Opening reception Sunday, February 5 2:15 to 4 pm

The Essex Water Color Club, the oldest watercolor club in New Jersey, will hold its annual show here through February. The public is invited to attend. *Opening reception sponsored by Friends of the Library*

Bring Your Own Device

Tuesdays, February 7 & 21 - 11 am or 2 pm

Saturdays by appointment

Bring your smartphone or tablet to the library for individual training with a reference librarian. Learn to download library eBooks to your own device. Call for an appointment at 973-635-0603.

Lincoln Center Local: Free Screenings

Sinatra: Voice for a Century

Sunday, February 12 - 2:30 pm

Join us for a screening of Ol' Blue Eyes' 100th birthday concert. The New York Philharmonic celebrates the legacy of Frank Sinatra in an all-star concert hosted by Seth MacFarlane, with performances by Christina Aguilera, Chris Botti, Fantasia, Sutton Foster, Kyle Dean Massey, Bernadette Peters, Billy Porter and Sting. *Support for Lincoln Center Local: Free Screenings provided by the Oak Foundation, the Booth Ferris Foundation and the Altman Foundation*

Book Group: *They May Not Mean To, But They Do*

Wednesday, February 22 - 1 pm

The library book group will discuss *They May Not Mean To, But They Do* by Cathleen Schine. You may reserve a copy of the book at the Information Desk.

Programs and Events
Teen

*All Teen programs and events sponsored by
Friends of the Library*

ARCADE WEEKEND

Friday, January 13 - 3 to 5:30 pm

Saturday, January 14

9:30 am to 4:30 pm All Ages



This event is for all gamers out there - teenagers, children and their parents, whole families. There will be many systems set up to play, from the original Atari, Nintendo, and Sega consoles to newer systems like the Wii U. *In Memory of Alexander Butta*

SUPER SMASH BROS. TOURNAMENTS

Saturday, January 14

Registration opens Tuesday, January 3

Ages 10 & Under - 11:30 am Limit: 16 participants

Ages 11 & Up - 2:30 pm Limit: 16 participants

Compete in this Wii U tournament on our big screen! Depending on the number of people who register for each tournament, there will be either group battles or 1v1 single-elimination battles. Battle for 1st and 2nd will be best 2 out of 3 rounds.

Prizes will be awarded in each tournament:

\$25 GameStop gift card for 1st place and

\$15 GameStop gift card for 2nd place.

Sponsored by Friends of the Library

JANUARY**Video Game Club**

Fridays, January 6, 20 & 27 - 3 to 4:45 pm
 Grades 6 to 12
 Stop by to play Super Smash Bros. on the big screen!

Teen Advisory Group

Thursday, January 19 - 7 to 8 pm
 Earn a volunteer hour while helping to plan new teen programs. Discuss books, movies, music and more! Snacks will be served.

FEBRUARY**Video Game Club**

Fridays, February 3, 10, 17 & 24 - 3 to 4:45 pm
 Grades 6 to 12
 Stop by to play Super Smash Bros. on the big screen!

Teen Advisory Group

Thursday, February 16 - 7 to 8 pm
 Earn a volunteer hour while helping to plan new teen programs. Discuss books, movies, music and more! Snacks will be served.

Programs and Events Children

*All Children's programs and events made possible by
 Friends of the Library, unless otherwise noted*

JANUARY**WINTER STORYTIME**

Storytime is an 8 week, progressive program for preschoolers and their caregivers.

Registration is required

Registration opens Monday, January 23

Mondays, January 30 through March 20

| | |
|-----------------|---------------------|
| 9:45 - 10:15 am | 24 months & younger |
| 10:15 - 11 am | 4 - 6 years |
| 11 - 11:30 am | 2 - 3 years |

Tuesdays, January 31 through March 21

| | |
|---------------|---------------------|
| 10 - 10:30 am | 24 months & younger |
| 10:30 - 11 am | 2 - 3 years |

Saturdays, February 4 through March 25

| | |
|---------------|---------------------|
| 11 - 11:30 am | All Ages (Families) |
|---------------|---------------------|

Spanish Storytime

Wednesday, January 4 - 10 to 10:45 am
 All Ages

Introduce your child to basic Spanish vocabulary with fun stories, songs and music!

For preschoolers and their caregivers...

**EVERY THURSDAY IS
LIBRARY DAY!**

Choose either 10 - 10:30 am
 or 10:45 - 11:15 am
 No registration required

Yoga Storytime

January 5, February 2

Music with Mr. John

January 12, February 9

Miss Carol Dance

January 19, February 16

Bob Conrad Magic and Puppets

January 26, February 23

Homework Helpers

Wednesdays, January 4 & 18 - 3:30 to 5 pm
 Grades K - 5 Limit: 6 children per session
 Registration opens two weeks prior to each session
 Two Chatham High School students will provide homework help for children in grades K to 5.
 All subjects welcome!

Stitch a Troll with Miss Polly

Thursdays, January 5 & 12 - 4 to 5 pm
 Ages 6 & Up Limit: 8 children
 Registration opens Thursday, December 22
 Stitch a colorful character based on the movie *Trolls*.

Stories with the Librarian

Mondays, January 9 & 23 - 10 to 10:30 am
 All Ages

Children and caregivers can enjoy a few stories, a few songs and maybe a simple craft.

ShopRite Nutrition: All About Apricots

Monday, January 9 - 4 to 5 pm
 Ages 5 to 8 Limit: 15 children
 Registration opens Tuesday, December 27
 ShopRite dietitian Jenn Luster will explain various ways to use apricots and make a fun recipe!

The Wild West Show by Fit4Kids

Tuesday, January 10 - 4 to 4:45 pm
 All Ages

Join Muscle Man Mike and his sidekick Sheriff Sam for music, magic, movement and conversation about the Wild West! What did the cowboys eat and drink? What exercises did they do? Fit4Kids brings you this interactive show with the Wild West in mind.



Drop-In Crafts

Monday, January 16 (MLK Day) - 10 am to 12 pm
All Ages
Drop by to make an original craft to take home.

Library Cinema

Monday, January 16 (MLK Day) - 2 pm
All Ages
Bring a mat or a pillow to get comfortable.
We'll provide the popcorn.

Read Aloud to Therapy Dogs

Wednesday, January 18 - 4 to 5 pm
Grades K & Up
Sit down and read your favorite book to a gentle and loving therapy dog certified by St. Hubert's.

Legopalooza!

Sunday, January 29 - 2:30 to 4 pm
All Ages
Build your own LEGO creation from our enormous collection of LEGOs. All creations will be put on display in the Children's Room.

FEBRUARY**Spanish Storytime**

Wednesday, February 1 - 10 to 10:45 am
All Ages
Introduce your child to basic Spanish vocabulary with fun stories, songs and music!

Homework Helpers

Wednesdays, February 1 & 15 - 3:30 to 5 pm
Grades K - 5 Limit: 6 children per session
Registration opens two weeks prior to each session
Two Chatham High School students will provide homework help for children in grades K to 5.
All subjects welcome!

Mini Stuffed Pokémon Eevee with Miss Polly

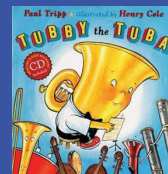
Thursdays, February 2 & 9 - 4 to 5 pm
Ages 6 & Up Limit: 8 children
Registration opens Thursday, January 19
Stitch a tiny felt Pokémon Eevee doll.

ShopRite Nutrition: Heart-Healthy Foods

Monday, February 6 - 4 to 5 pm
Ages 5 to 8 Limit: 15 children
Registration opens Monday, January 23
To mark February as American Heart Month, ShopRite dietitian Jenn Luster will share heart-healthy recipes.

Touch the Music: Tubby the Tuba

Wednesday, February 8 - 4 to 4:45 pm
Ages 5 to 9 Limit: 40 children
Registration opens Wednesday, January 25



Touch the Music is a hands-on music program that introduces children to the fascinating world of musical instruments. After presenting the musical story of Tubby the Tuba, Ms. Claudia will introduce instruments from the story: violin, flute, xylophone, French horn, tuba and more. Each child will have the opportunity to try them out.

*Sponsored by the
MOMS Club of Berkeley Heights/Summit including
New Providence and Chatham*

Read Aloud to Therapy Dogs

Wednesday, February 15 - 4 to 5 pm
Grades K & Up
Sit down and read your favorite book to a gentle and loving therapy dog certified by St. Hubert's.

Library Cinema

Monday, February 20 (Winter Break) - 2 pm
All Ages
Bring a mat or a pillow to get comfortable.
We'll provide the popcorn.



**African Clay
Mask Making Workshop**
Tuesday, February 21 (Winter Break)
2 to 3:30 pm
Ages 5 to 9 Limit: 30 children
Registration opens Tuesday, February 7

Learn about the culture of West Africa through stories and songs. Make and decorate an African clay mask to take home!
Sponsored by the Ann. L. Buesing Children's Fund for the Library of The Chathams and by the Marlee and Carl Frahn Fund for the Library of The Chathams of the Community Foundation of New Jersey

Drop-In Crafts

Wednesday, February 22 (Winter Break) - 2 to 4 pm
All Ages
Drop in and make an original craft to take home.

Legopalooza!

Sunday, February 26 - 2:30 to 4 pm
All Ages
Build your own LEGO creation from our enormous collection of LEGOs. All creations will be put on display in the Children's Room.

Calling Aspiring Multilinguals!



The library is your source for online language learning. Our newest offering is the acclaimed interactive ***Rosetta Stone*** featuring 30 languages. We also offer the ever-popular ***Mango Languages*** and ***Pronunciator*** language courses. You can access these resources from home with

your library card. Visit www.chathamlibrary.org and click on Research Databases.

Come to the library and check out our foreign language collections that include adult and children's books in several languages, as well as CD and DVD courses and foreign films. We offer Spanish storytime for children. Finally, we are a gathering place for informal conversation groups in Spanish and Italian. See the tear-out calendar for dates and times.

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